



Tactics Manager

Date: 6/04/20

Duration: 1:00 hour

Session

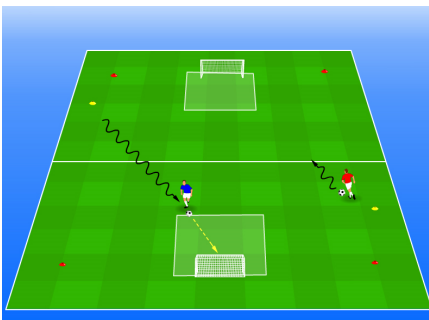
Time: N/A

Age/Level:

Objective:

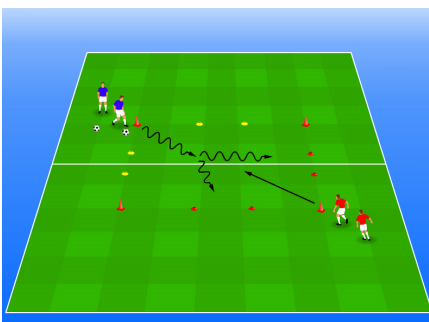
Creation Play, Dribbling

1v1 Transition



Description: Set up an area with small goals on either end. One the sides are dribbling unopposed to score in the small goal on opposite end of the area. Player 1 scores, and then player 2 dirbbles out and tries to score a goal, player 1 turns and defends the goal. Cycle continues with attacker immediately becoming the defender each time.

1v1 Change of Direction



Objective: Work on skill move, attacking with speed and trying to score in either gate goal.

Description: 1v1 change of direction activity.

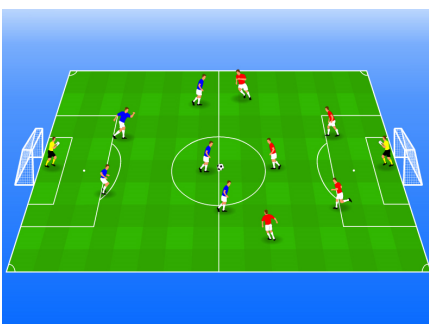
Creation Play, Dribble



Objective: The key communication is to tell players to dribble foward when they have space to attract pressure. Then they can pass as the defender put pressure on them.

Description: Blue centerbacks dribble the ball into space, once they receive pressure they look to pass to the winger. The winger then dribbles to take on the centerback (red) and can look to shoot or pass.

Scrimmage



Objective: Look to keep postioning and spacing.

Description: 6v6 scrimmage.