Date: 6/04/20  Time: N/A  Duration: 1:00 hour

Session
Objective:

## Finishing, Movement to Goal

### 1v1 Finishing - 2

**Description:** Defensive player passes to offensive player. Offensive player looks to dribble past and finishing on the pop-up goal.

**Coaching Points:**
- Skill move to move past defender
- Strike the ball with the inside or laces when shooting

### 2v1 to Goal

**Description:** Defender (blue team) starts with the ball. The play a pass to either offensive (red) player, at which point in time the go put pressure on the player who receives the ball.

Teams switch roles half way through.

### 3v2 to Goal

**Objective:** Foward should attract pressure to create space for a run from a winger. Then passing to one winger, so they can pass to the now open player running toward goal to finish.

**Description:** In an area about double the size of a goal box (32 yds wide, 26 yds deep) players play 3v2. The offensive team (red), looks to create a passing combo to find the open play who can look to finishing on goal. If the defensive team steals the ball, they can try and score through the three gates. Rotate players half way through.

### Scrimmage

**Description:** 6v6 scrimmage.