| Date: | 6/04/20 | Duration: $1: 00$ hour |
| :--- | :--- | :--- | :--- |
| Time: | N/A | Age/Level: | | Session |
| :--- |
| Objective: |

## Finishing, Movement to Goal

## 1v1 Finishing - 2



Description: Defensive player passes to offesive player. Offensive player looks to dribble past and finishing on the pop-up goal.

Coaching Points: - Skill move to move past defender

- Strike the ball with the inside or laces when shooting


## 2v1 to Goal



Description: Defender (blue team) starts with the ball. The play a pass to either offensive 9red) player, at which point in time the go put pressure on the player who receives the ball.
©The two offensive players must work together to get a shot on goal pas the GK. If the defender wins the ball, they can try and pass through the gates.

Teams switch roles half way through.

## 3v2 to Goal



Objective: Foward should attract pressure to create space for a run from a winger. Then passing to one winger, so they can pass to the now open player running toward goal to finish.
Description: In an area about double the size of a goal box ( 32 yds wide, 26 yds deep) players play $3 v 2$. The offensive team (red), looks to create a passing combo to find the open play who can look to finishing on goal. If the defensive team steals the ball, they can try and score through the three gates. Rotate players half way through.

## Scrimmage



Description: 6v6 scrimmage.

