



Tactics Manager

Date: 22/03/20

Duration: 1:00 hour

Session

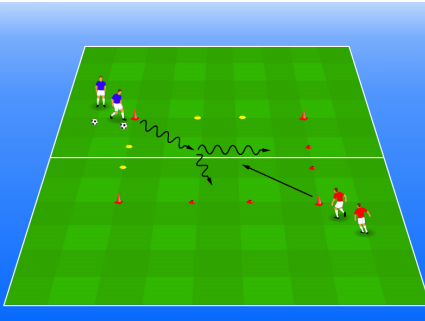
Time: N/A

Age/Level:

Objective:

Finishing

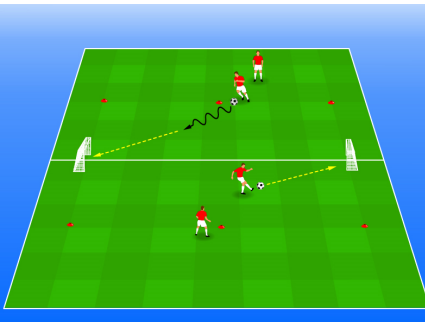
1v1 Change of Direction



Description: 1v1 change of direction activity.

Coaching Points: Players should dribble straight at the defender to allow both gates to be an option to score on.

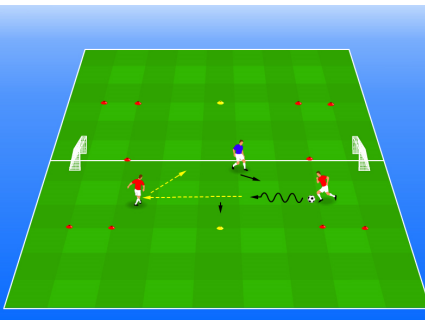
Unopposed Finishing



Description: Unopposed dribbling with a shot on goal.

Coaching Points: Keep your toe down and strike the ball with your laces.

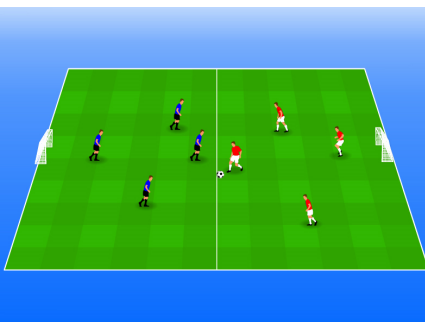
2v1 Finishing From Distance



Description: 2v1 finishing from distance.

Coaching Points: Sticking the ball with their laces.

Scrimmage



Description: Four versus four scrimmage.