



Date: 30/03/20 **Duration:** 1:00 hour

Time: N/A Age/Level: Session GK, 2-3-1

**Objective:** 

## **Fourth Grade Game Formation**

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## **Description:**

Two defenders, Three midfielders, 1 Forward

Arrows show the player movements that are typical for game play flow.

Allows for multiople triangles and diamonds for better postioning, passing, defending situations.