



Tactics Manager

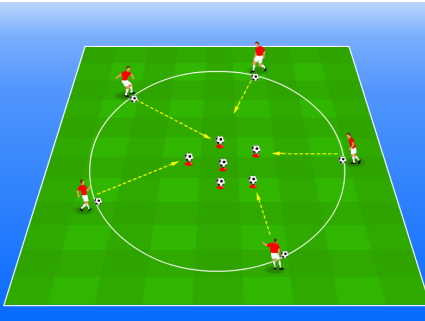
Date: 22/03/20
Time: N/A

Duration: 1:00 hour
Age/Level:

Session
Objective:

Passing and Receiving

Practice Title

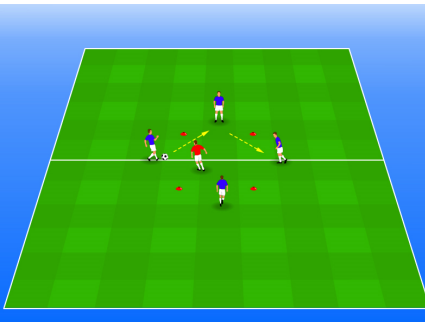


Description: Target passing activity.

Coaching Points: Have players on the outside work on three items when passing:

1. plant foot by the ball
2. middle of the foot strikes the middle of the ball
3. passing foot follows through towards the target

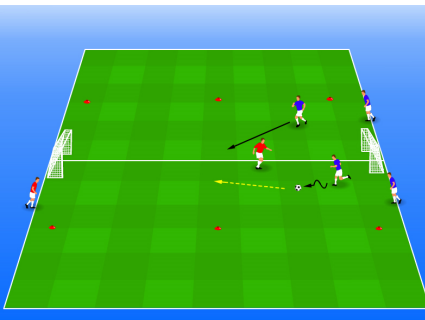
Practice Title



Description: 4v1 passing activity. Keep away.

Coaching Points: Players should use the inside of their foot to receive the ball, and to pass to their teammates.

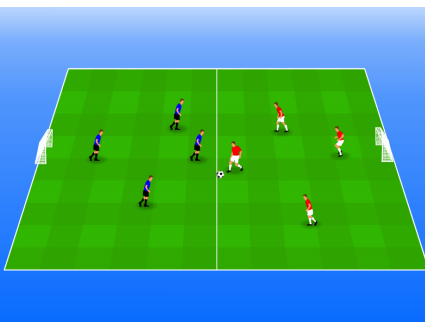
2v1 Pass as Pressure Approaches



Description: 2v1. Two players enter onto the field and try to score on the other goal. As the defender approaches, the player with the ball should pass to their teammate.

Coaching Points: Knowing when to pass and when to dribble.

Practice Title



Description: Four versus four scrimmage.