



Tactics Manager

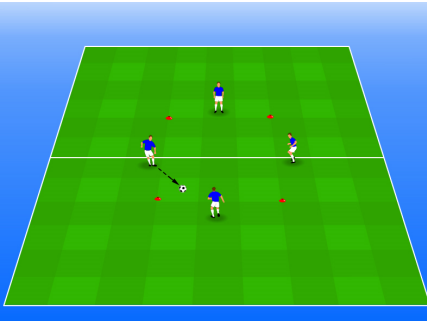
Date: 6/04/20
Time: N/A

Duration: 1:00 hour
Age/Level:

Session Objective:

Passing

4 v 0 Passing

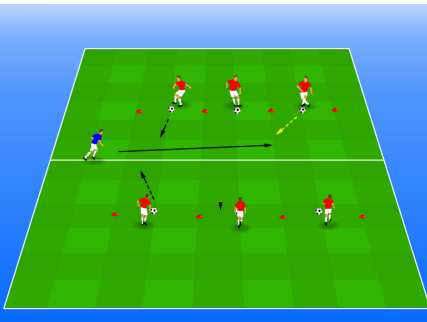


Objective: No pressure/defender, so the focus is on technique of passing and receiving (inside the foot) and positioning off the ball to create good angles.

Description: Players move the ball among one another, passing only left or right and not across the box.

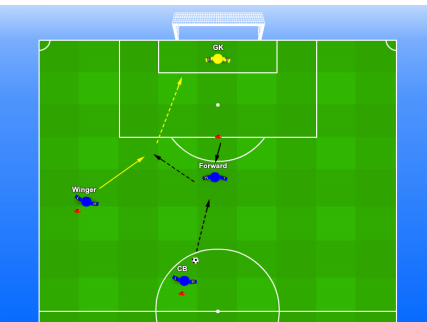
Progressions: How many passes can the group make in a minute. How many times can the pass around the square in a minute.

Space Invader



Description: One player runs down the channel looking to avoid getting hit in the legs by the passes from the people on the outside. Players on the outside, look to pass the ball and hit the player running across the channel. If they get to the other side, they get a point. Rotate players so they each go a few times.

Passing to Goal

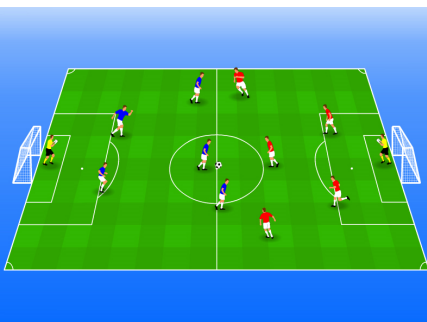


Objective: Working on short to intermediate range passing. Timing of runs off the ball.

Description: Centerback starts with the ball. The forward checks to the ball, as they are doing that, the CB passes to their feet. When the forward receives the ball, the winger makes a run toward the top of the goal box, and the forward passes them the ball. The winger then looks to finishing the ball into the goal.

Players rotate from CB to Forward to Winger to CB.

Scrimmage



Objective: Look to keep positioning and spacing.

Description: 6v6 scrimmage.