

Link	Description
Dribbling Drills	
https://www.youtube.com/watch?v=_7UfIFjce5Q	1st touch drills you can do by yourself.
https://www.youtube.com/watch?v=L8taGwfp2sU	15 moves to use. (simple explanation of moves)
https://www.youtube.com/watch?v=5yKpaP5XFK8	Dribbling exercises
https://www.youtube.com/watch?v=Kq8yGgtKwfl	Change of direction drills
https://www.youtube.com/watch?v=OzIakUKIpf8	Foot work drills
https://mail.google.com/mail/u/0/#inbox/FMfcgxwHMjml	Foot work drills by yourself
https://www.youtube.com/watch?v=CgsymJy0RJk	Ball Mastery in 1x1 box
https://www.youtube.com/watch?v=z7jP3moQi9c	100 drills by yourself
Messi feint	Messi feint
Scissor	Scissor
Chop/cut	Chop/cut
Croqueta	Croqueta
Pull back to beat defender	Pull back to beat defender
Pull back to change direction	Pull back to change direction
Pull back to cruyff	Pull back to cruyff
https://www.youtube.com/watch?v=PclGMNold6w	How to dribble
Passing Drills	
https://www.youtube.com/watch?v=xvaD2AamMpU	Simple Passing Drills
https://www.youtube.com/watch?v=gedaCw79SIY	Passing Drills
https://www.youtube.com/watch?v=JbOwpg_8CeM	Passing Drills
https://www.youtube.com/watch?v=kbZ4YAp0ucs	Triangle passing
Shooting Drills	
https://www.youtube.com/watch?v=e3cdiSWpxC0	Shooting accuracy drill with inside of the foot
https://www.youtube.com/watch?v=DwFKbmZcFc	Shooting with power and laces
https://www.youtube.com/watch?v=tcoRi1OxFmo	Several shooting drills
https://www.youtube.com/watch?v=4kYORAMzBsA	"Winger" Drills
https://www.youtube.com/watch?v=2wHXqTqVPFo	Breakdown of shooting technique
Keeper Drills	
https://www.youtube.com/watch?v=eALHUyxY2Gc	BEST ONE YET
https://www.facebook.com/PortlandThornsFC/videos/66	Simple lil thing from Thorns
https://www.youtube.com/watch?v=135ZjTh2RIg	Keeper drills by yourself
https://www.youtube.com/watch?v=dfLozCHyFiU	Keeper drills by yourself (better than the one above)
https://www.youtube.com/watch?v=CpqUb9AekgQ	More from this guy ^
Speed/Agility/Stregnth Drills	
https://www.youtube.com/watch?v=tMY5Cj39xN8	Speed ladder drills
https://www.youtube.com/watch?v=4-QKhk8KR3E	Core exercises
https://www.youtube.com/watch?v=FYJJbwG_i8U	Explosive training

Link	Description
https://www.youtube.com/watch?v=3FOTIPJb5Y	Sprinting Technique
https://www.youtube.com/watch?v=NQvZv3WKwaw	Explosive training
https://www.youtube.com/watch?v=VchxPuX24HY	Living room agility (no equipment)
https://www.youtube.com/watch?v=UHq765y9d0Y	Running technique
https://www.youtube.com/watch?v=yreyTssgLzw	A and B Skips
https://www.youtube.com/watch?v=9p71VD-0DJo	Leg kick outs
https://www.youtube.com/watch?v=3n4dKeRytdY	Zig Zag Sprints

Game analysis

https://www.youtube.com/watch?v=ZDGFQySzUhs	Women's World Cup Game against Chile
https://www.youtube.com/watch?v=21Kwovy2gws	Analysis of Sergio Busquets in the CDM position
https://www.youtube.com/watch?v=fc_ljll-Vuc	Analysis of pressing and defending after conceding possession
Video about playing the 6	Video about playing the 6
Video about playing the 9	Video about playing the 9
https://vimeo.com/358283185	Ajax rondo and overload play

Highlight videos

https://www.youtube.com/watch?v=7H0dNoZM8v4	Defensive stop highlights
https://www.youtube.com/watch?v=EIXhD2wexdM	Carli Lloyd highlights
https://www.youtube.com/watch?v=-BxlqYZVPZk	Lieken Marten highlights
https://www.youtube.com/watch?v=DROJT2NVfV8	Marta highlights
https://www.youtube.com/watch?v=7BNaPx8nCPc	Alex Morgan highlights
https://www.youtube.com/watch?v=Q_3ONQjfxfl	WWC Keeper highlights
https://www.youtube.com/watch?v=lza9je08c08&feature	Mallory Pugh highlights
https://www.youtube.com/watch?v=xIAKi3ns5so	Women's highlight video
https://www.youtube.com/watch?v=HxYmqalhvsI	Julie Ertz highlights v. Spain SheBelieves
https://www.youtube.com/watch?v=iHIEtewj6Do	Catarina Macario (current college player)
Lindsey Horan	Lindsey Horan highlights
Tobin Heath	Tobin Heath highlights
Rose Lavelle	Rose Lavelle highlights
AD highlights 2018 GK of the Year	Adrianna Franch highlights
More AD Highlights 2017 GK of the Year	Adrianna Franch highlights
German men's league GKs	Bundisliga GKs
NWSL Assists and Goals	NWSL Assists and Goals
Christine Sinclair	Christine Sinclair highlights
Abby Wambach	Abby Wambach highlights
https://www.youtube.com/watch?v=r5P8OK-yDys	Short animated feature about Allie Long and her Futsal experience playing with boys

Misc

https://www.youtube.com/watch?v=TBeUO7eNLdg	6 common mistakes players make
https://www.youtube.com/watch?v=JLmH0igMZGk	Women's World Cup Documentary
https://www.instagram.com/become_elite/?hl=en	Instagram channel from Ben
https://www.youtube.com/channel/UCFFfE-6nfCHz4uDZ	Become Elite youtube channel
https://www.instagram.com/tudelafla/?hl=en	Tudela FC Instagram

Link	Description
https://www.youtube.com/watch?v=QRmMNM6X0Pk	Receiving the ball out of the air
https://www.youtube.com/watch?v=AdzxLVnOZoY	Receiving the ball out of the air
https://www.youtube.com/watch?v=bTo0hpTCCUs	juggling tutorial
https://www.youtube.com/watch?v=EBYjikZ_nLY	Checking your shoulder
https://www.youtube.com/watch?v=WBQsqKk8KPs	Defending
https://www.youtube.com/watch?v=uwZyXqjX7K8	7/11 individual drills
https://www.youtube.com/watch?v=SzZ7Ecql-sg&t=43s	How to juggle
https://www.youtube.com/watch?v=SzZ7Ecql-sg&t=44s	juggling tutorial