



ASA GAME DAY FIELD INFORMATION

ALL players need a red and blue uniform shirt, which are sold in the ASA office. SHINGUARDS are required at all levels

GRADE/AGE	NUMBER OF PLAYERS	FIELDS	FIELD SIZE (YARDS)	GOAL SIZE (FEET)	GAME TIME	REFEREE	GAME RULES
PreK	3v3	Side by Side	20x15	3x5	4 quarters - 6 min each	NO	Size 3 ball. Roster size is between 10-12 players. Kick off after goals. Continuous play. Substitutions anytime. 50% playing time. No offsides, goalies or heading.
Kindergarten	3v3	Side by Side	25x20	3x5	4 quarters - 8 min each	NO	Size 3 ball. Roster size is between 10-12 players. Kick off after goals. Continuous play. Substitutions anytime. 50% playing time. No offsides, goalies or heading.
1st Grade	4v4	Side by Side	30x25	3x5	4 quarters - 10 min each	NO	Size 3 ball. Roster size is around 12 players. Kick off after goals. Kick-ins. Goal kicks (drop to midline), corner kicks and free kicks. Substitutions anytime. 50% playing time. No offsides, goalies or heading.
2nd Grade	4v4	Side by Side	35x30	3x5	2 halves – 20 min each	NO	Size 3 ball. Roster size is around 12 players. Kick off after goals. Kick-ins. Goal kicks (drop to midline), corner kicks and free kicks. Substitutions anytime. 50% playing time. No offsides, goalies or heading.
3rd Grade	6v6 including goalie	¼ of Field	50x35	6x6	2 halves – 25 min each	YES	Size 4 ball. Roster size is around 12 players. Kick off after goals. Throw-ins. Goal kicks (drop to midline), corner kicks and free kicks. Substitutions on referee. Offsides and goalies. 50% playing time. No heading.
4th Grade	7v7 including goalie	½ of Field	70x50	6.5x18	2 halves – 25 min each	YES	Size 4 ball. Roster size is around 14 players. Kick off after goals. Throw-ins. Goal kicks (drop to midline), corner kicks and free kicks. Substitutions on referee. Offsides and goalies. 50% playing time. No heading.
5-6th Grade	8v8 including goalie	½ of Field	70x50	6.5x18	2 halves – 30 min each	YES	Size 4 ball. Roster size is around 15 players. All FIFA regulation rules apply. 50% playing time. No heading for 5th grade.
U13-U19 (SFL)	11v11 including goalie	Full Field	120x70	8x24	2 halves – 35 to 45 mins each, depending on age	YES	Size 5 ball. Roster size is around 18-22 players. All FIFA regulation rules apply.